EXHIBIT 1

We represent Central Texas MHMR dba Center for Life Resources ("CFLR") located at 408 Mulberry St, Brownwood, Texas 76801 and are writing to notify your office of an incident that may affect the security of certain personal information relating to three (3) Nebraska residents. By providing this notice, CFLR does not waive any rights or defenses regarding the applicability of Nebraska law, the applicability of the Nebraska data event notification statute, or personal jurisdiction.

Nature of the Data Event

On or about On November 17, 2025, CFLR became aware of unusual activity within its internal network. Immediate action was taken to secure the network and to ensure that client care was not disrupted. Additionally, CFLR promptly launched an investigation with assistance from cybersecurity specialists to determine the nature and scope of the activity. The investigation determined that the network had been accessed by an unknown actor between November 14 and 15, 2025, and during this time, files were copied and potentially viewed. CFLR then conducted a thorough and time-intensive review of the involved files to identify the information within these files and the individuals associated with this information. That review was recently completed.

The personal information that could have been subject to unauthorized access includes name and Social Security number.

Notice to Nebraska Residents

On January 16, 2026, CFLR provided website notice while CFLR completed review of the involved files and worked towards providing written notice. On July 22, 2026, CFLR provided written notice of this incident to three (3) Nebraska residents. Written notice is being provided in substantially the same form as the letter attached here as ***Exhibit A***.

Other Steps Taken and To Be Taken

Upon discovering the event, CFLR moved quickly to investigate and respond to the incident, assess the security of CFLR systems, and identify potentially affected individuals. Further, CFLR notified federal law enforcement regarding the event. CFLR has also implemented additional safeguards. CFLR is providing access to credit monitoring services for twelve (12) months, through TransUnion, to individuals whose Social Security numbers were potentially affected by this incident, at no cost to these individuals.

Additionally, CFLR is providing impacted individuals with guidance on how to better protect against identity theft and fraud. CFLR is providing individuals with information on how to place a fraud alert and security freeze on one's credit file, the contact details for the national consumer reporting agencies, information on how to obtain a free credit report, a reminder to remain vigilant for incidents of fraud and identity theft by reviewing account statements and monitoring free credit reports, and encouragement to contact the Federal Trade Commission, their state Attorney General, and law enforcement to report attempted or actual identity theft and fraud.

CFLR is providing written notice of this incident to relevant state regulators, as required, and to the three major credit reporting agencies, Equifax, Experian, and TransUnion. CFLR has also notified the U.S. Department of Health and Human Services pursuant to the Health Insurance Portability and Accountability Act.

EXHIBIT A

Central Texas MHMR dba Center for Life Resources
c/o Cyberscout
P.O. Box 3826
Suwanee, GA 30024

1 1 1 ******************AUTO**All For SCF 303
[redacted]

July 22, 2026

Dear [redacted]:

Central Texas MHMR dba Center for Life Resources ("CFLR" or "we") is writing to provide you with notice of an event that may involve some of your information. We are providing you with information about the event, our response to it, and steps you can take to protect against the possibility of identity theft and fraud, should you feel it is appropriate to do so.

What Happened? On November 17, 2025, CFLR became aware of unusual activity within our internal network. Immediate action was taken to secure our network and to ensure that client care was not disrupted. Additionally, CFLR promptly launched an investigation with assistance from cybersecurity specialists to determine the nature and scope of the activity. The investigation determined that the network had been accessed by an unknown actor between November 14 and 15, 2025, and during this time, files were copied and potentially viewed. CFLR then conducted a thorough and time-intensive review of the involved files to identify the information within these files and the individuals associated with this information. That review was recently completed.

What Information Was Involved? Our investigation determined that the following types of your information may have been involved in this incident: [redacted] At this time, we are not aware of any identity theft or fraud in relation to this incident.

What We Are Doing. The privacy of client information is one of our top priorities. As part of our ongoing commitment to data privacy, we are working to review existing policies and procedures. We reported this to federal law enforcement and are also reporting this incident to appropriate regulators, including the U.S. Department of Health and Human Services. As an added precaution, we are offering you access to 12 months of credit monitoring and identity protection services through TransUnion. If you wish to activate the identity protection services or learn more about this offer, please see the enclosed *Steps You Can Take to Protect Your Personal Information.*

What You Can Do. Please review the enclosed *Steps You Can Take to Protect Your Personal Information*, which contain information on what you can do to protect against the possibility of identity theft and fraud. You can also enroll to receive the complimentary credit monitoring and identity protection services being offered. We also encourage you to remain vigilant against incidents of identity theft by reviewing account statements and explanations of benefits for unusual activity and to report any suspicious activity promptly to your insurance company, health care provider, or financial institution.

For More Information. If you have questions about this incident that are not addressed in this notice, please call our toll-free dedicated assistance line at 1-844-784-6114 between 8:00 am to 8:00 pm, ET, Monday through Friday, excluding US holidays, or write to us at 408 Mulberry Brownwood, TX, 76801.

Sincerely,

Center for Life Resources

STEPS YOU CAN TAKE TO PROTECT PERSONAL INFORMATION

Enroll in Monitoring Services

We are providing you with access to **Single Bureau Credit Monitoring/Single Bureau Credit Report/Single Bureau Credit Score** services at no charge. These services provide you with alerts for 12 months from the date of enrollment when changes occur to your credit file. This notification is sent to you the same day that the change or update takes place with the bureau. Finally, we are providing you with proactive fraud assistance to help with any questions that you might have or in event that you become a victim of fraud. These services will be provided by Cyberscout, a TransUnion company specializing in fraud assistance and remediation services.

To enroll in Credit Monitoring services at no charge, please log on to https://bfs.cyberscout.com/activate and follow the instructions provided. When prompted please provide the following unique code to receive services: [redacted] In order for you to receive the monitoring services described above, you must enroll within 90 days from the date of this letter. The enrollment requires an internet connection and e-mail account and may not be available to minors under the age of 18 years of age. Please note that when signing up for monitoring services, you may be asked to verify personal information for your own protection to confirm your identity.

Monitor Your Accounts

Under U.S. law, a consumer is entitled to one free credit report annually from each of the three major credit reporting bureaus, Equifax, Experian, and TransUnion. To order a free credit report, visit www.annualcreditreport.com or call, toll-free, 1-877-322-8228. Consumers may also directly contact the three major credit reporting bureaus listed below to request a free copy of their credit report.

Consumers have the right to place an initial or extended "fraud alert" on a credit file at no cost. An initial fraud alert is a 1-year alert that is placed on a consumer's credit file. Upon seeing a fraud alert display on a consumer's credit file, a business is required to take steps to verify the consumer's identity before extending new credit. If consumers are the victim of identity theft, they are entitled to an extended fraud alert, which is a fraud alert lasting seven years. Should consumers wish to place a fraud alert, please contact any of the three major credit reporting bureaus listed below.

As an alternative to a fraud alert, consumers have the right to place a "credit freeze" on a credit report, which will prohibit a credit bureau from releasing information in the credit report without the consumer's express authorization. The credit freeze is designed to prevent credit, loans, and services from being approved in a consumer's name without consent. However, consumers should be aware that using a credit freeze to take control over who gets access to the personal and financial information in their credit report may delay, interfere with, or prohibit the timely approval of any subsequent request or application they make regarding a new loan, credit, mortgage, or any other account involving the extension of credit. Pursuant to federal law, consumers cannot be charged to place or lift a credit freeze on their credit report. To request a credit freeze, individuals may need to provide some or all of the following information:

1. Full name (including middle initial as well as Jr., Sr., II, III, etc.);
2. Social Security number;
3. Date of birth;
4. Addresses for the prior two to five years;
5. Proof of current address, such as a current utility bill or telephone bill;
6. A legible photocopy of a government-issued identification card (state driver's license or ID card, etc.); and
7. A copy of either the police report, investigative report, or complaint to a law enforcement agency concerning identity theft if they are a victim of identity theft.

Should consumers wish to place a credit freeze or fraud alert, please contact the three major credit reporting bureaus listed below:

Equifax	Experian	TransUnion
https://www.equifax.com/personal/credit-report-services/	https://www.experian.com/help/	https://www.transunion.com/data-breach-help
1-888-298-0045	1-888-397-3742	1-833-799-5355
Equifax Fraud Alert, P.O. Box 105069 Atlanta, GA 30348-5069	Experian Fraud Alert, P.O. Box 9554, Allen, TX 75013	TransUnion, P.O. Box 2000, Chester, PA 19016
Equifax Credit Freeze, P.O. Box 105788 Atlanta, GA 30348-5788	Experian Credit Freeze, P.O. Box 9554, Allen, TX 75013	TransUnion, P.O. Box 160, Woodlyn, PA 19094

Additional Information

Consumers may further educate themselves regarding identity theft, fraud alerts, credit freezes, and the steps they can take to protect your personal information by contacting the consumer reporting bureaus, the Federal Trade Commission, or their state Attorney General. The Federal Trade Commission may be reached at: 600 Pennsylvania Avenue NW, Washington, D.C. 20580; www.identitytheft.gov; 1-877-ID-THEFT (1-877-438-4338); and TTY: 1-866-653-4261. The Federal Trade Commission also encourages those who discover that their information has been misused to file a complaint with them. Consumers can obtain further information on how to file such a complaint by way of the contact information listed above. Consumers have the right to file a police report if they ever experience identity theft or fraud. Please note that in order to file a report with law enforcement for identity theft, consumers will likely need to provide some proof that they have been a victim. Instances of known or suspected identity theft should also be reported to law enforcement and the relevant state Attorney General. This notice has not been delayed by law enforcement.

For District of Columbia residents, the District of Columbia Attorney General may be contacted at: 400 6th Street, NW, Washington, D.C. 20001; (202) 442-9828; and oag.dc.gov.

For Maryland residents, the Maryland Attorney General may be contacted at: 200 St. Paul Place, 16th Floor, Baltimore, MD 21202; 1-410-576-6300 or 1-888-743-0023; and https://www.marylandattorneygeneral.gov/.

For New Mexico residents, consumers have rights pursuant to the Fair Credit Reporting Act, such as the right to be told if information in their credit file has been used against them, the right to know what is in their credit file, the right to ask for their credit score, and the right to dispute incomplete or inaccurate information. Further, pursuant to the Fair Credit Reporting Act, the consumer reporting bureaus must correct or delete inaccurate, incomplete, or unverifiable information; consumer reporting agencies may not report outdated negative information; access to consumers' files is limited; consumers must give consent for credit reports to be provided to employers; consumers may limit "prescreened" offers of credit and insurance based on information in their credit report; and consumers may seek damages from violators. Consumers may have additional rights under the Fair Credit Reporting Act not summarized here. Identity theft victims and active-duty military personnel have specific additional rights pursuant to the Fair Credit Reporting Act. We encourage consumers to review their rights pursuant to the Fair Credit Reporting Act by visiting www.consumerfinance.gov/f/201504_cfpb_summary_your-rights-under-fcra.pdf, or by writing Consumer Response Center, Room 130-A, Federal Trade Commission, 600 Pennsylvania Ave. N.W., Washington, D.C. 20580.

For New York residents, the New York Attorney General may be contacted at: Office of the Attorney General, The Capitol, Albany, NY 12224-0341; 1-800-771-7755; or https://ag.ny.gov.

For North Carolina residents, the North Carolina Attorney General may be contacted at: 9001 Mail Service Center, Raleigh, NC 27699-9001; 1-877-566-7226 or 1-919-716-6000; and www.ncdoj.gov.